

LUNCHEON MENU

Clam Chowder - \$5.95 Chowder & garden salad - \$8.95 Soup du' Jour - \$3.95 Soup & garden salad - \$6.95
Gazpacho - \$4.95

SALADS

Classic Caesar - \$7.95 with grilled chicken - \$11.95

Grilled Chicken Dijon - \$11.95

grilled chicken, red onions, artichoke hearts, apple wood bacon & crumbled gorgonzola cheese - in a light honey Dijon dressing

Asian Spinach Salad - \$10.95

grilled chicken - pickled ginger, cucumbers, red onions & toasted sesame seeds - in a sesame ginger dressing

Caprese Salad - \$10.95

grape tomatoes, fresh mozzarella & avocado on a bed of greens - drizzled with Extra Virgin Olive oil & Balsamic Glaze

Lump Crab Salad - \$14.95

lump crabmeat tossed lightly with mayo & plated with capers, red onions

Grilled Salmon fillet or Tuna Steak Salad drizzled with lemon basil oil - \$13.95

The "Chapman" - a vine ripened tomato stuffed with tuna salad - \$10.95

The Summer Salad- Roasted Beets & Corn, Baby Green Beans, Black Olives, Capers & Mandarin Oranges - \$10.95

SANDWICHES & BURGERS

Grilled Chicken Breast - sauteed spinach & melted smoked gouda - \$7.95

Ultimate "Inside & Out" 4 Cheese Grilled Cheese - \$6.95

Homemade Grilled Meatloaf - topped with caramelized onions - \$7.95

Lump Crab Cake Sandwich - with spiced rum mango salsa - \$11.95

Avocado BLT - \$7.95 BLT - \$5.95

Reuben - the classic - served open faced on marble bread - \$8.95

Fresh Roasted Turkey Breast - lettuce, tomato & Mayo - \$8.95

Chicken Salad - rum marinated golden raisins & crunchy almonds - \$7.95

1/2 chicken salad, tuna or egg salad with soup - \$7.95 with chowder - \$9.95

Basic Burger - lettuce, tomato & onion - \$6.95

with cheddar, swiss, or smoked gouda - \$7.95

Philly Burger - flame roasted peppers, onions & melted cheese - \$8.95

Grilled Tuna Steak Sandwich - avocado, tomato & bacon - \$12.95

Fresh Ground Tuna Burger - with wasabi mayo & pickled ginger - \$12.95

Broiled Haddock Sandwich - \$9.95

Fresh Lobster Salad Roll - \$14.95

Fries - \$2.00 small garden salad - \$2.00