



Boothbay Harbor Yacht Club 2012

Junior Program

The Boothbay Harbor Yacht Club provides a summer sailing and tennis program for youth. Membership in the Yacht Club is not a requirement for participation in the program.

For the 2011 summer season, the Junior Program offers one to nine week sessions (two weeks recommended) in sailing and tennis beginning June 20th and ending August 19th. The schedules are arranged so that each program may be pursued separately, or in combination.

Age requirements:

Sailing: 8-17 yrs

Tennis: 5-17 yrs

For more information log onto www.bhyc.net

Tennis Program

The Tennis Program provides group lessons to youths from ages six to seventeen. The tennis staff consists of a USTA certified pro and two or more instructors and teaching apprentices. The emphasis is on learning sportsmanship and tennis skills in a fun environment. Participants are grouped not only by age but also by ability. Beginners; ages five through nine, and Intermediate; ages seven through twelve; Masters; ages thirteen through seventeen. Masters are further divided into two groups: Master Beginners and Master Advanced, depending on ability level. Numerous intra-club matches, as well as interclub competitions with area teams, are scheduled through the summer.

*Each participant in the tennis program **must** wear tennis shoes and have a tennis racket. Tennis rackets can be purchased at the tennis clubhouse.*

Sailing Program

The Boothbay Harbor Yacht Club has a staff of experienced sailing instructors and apprentices who teach youth how to sail. Each instructor is certified in Red Cross CPR, First Aid and is a Level 1 US Sailing Certified Instructor.

Participants' in the Junior Sailing Program are grouped as follows:

Club owned boats which are used by children enrolled in the Junior Sailing Program are **available only** for usage during Program hours. Privately owned boats that are stored on the Junior Program dock are **available** to the owner during off Program time **only** with adult supervision.

The Opti-Beginner (ages 8-12): The youngest sailors are taught in Optimists. The class is designed to give the sailor a strong fundamental base of sailing skills such as rigging, jibing, sail trim, hiking and some advanced boat handling. The overall goal is to make the sailor comfortable and proficient sailing alone in an Opti.

Opti-Intermediate (ages 9-12): This module will focus more on advanced boat handling skills and will also introduce the sailors to racing. Specific skills include upwind and downwind sailing, performance boat handling and some basic racing techniques.

Opti-Race (ages 10-15): The Opti Race is the most advanced program for Optimist sailors and is intended for sailors who want to improve their racing performance. Skills include advanced rigging and boat tuning, advanced racing topics such as starting and tactics and strategy during the race.

420-Beginner (ages 12-16): This module is intended for older children who would like to learn how to sail for the first time. The class uses the Club 420, a 14' boat sailed by a two-person team. This class is designed to give the sailor a strong fundamental base of sailing skills such as rigging, tacking, jibing, sail trim, hiking and some advanced boat handling. The overall goal is to make the sailor comfortable and proficient sailing as a skipper or crew in the Club 420.

420-Intermediate (ages 12-17): This module is for the sailor who has demonstrated basic sailing proficiency and desires to learn more on advanced boat handling skills. This session will also introduce the sailors to racing. Specific skills include upwind and downwind sailing, flying the spinnaker, using the trapeze, performance boat handling and some basic racing techniques.

420-Race (ages 13-17): The 420 Race is the most advanced program and is intended for sailors who want to improve their racing performance. Skills include advanced rigging, and boat tuning, advanced racing topics such as starting and tactics and strategy during the race.

In the event of inclement weather, indoor drills are held for all levels.

Clothing

Each participant in the sailing program **must** purchase his/her own life jacket and whistle. Jackets are worn at all times Each participant in the tennis program **must** wear tennis shoes and have a tennis racquet.

BHYC Junior Program Sailing and Tennis short sleeve T-shirts are available for purchase. Please see Registration Form for details.

Lunch

Lunch is to be brought from home. Beverage provided Monday through Friday by BHYC kitchen. Note: Galley Grub Day every Thursday. (A set menu is available for purchase from the BHYC kitchen.)

Scheduling

The Beginner **sailing** class meets every weekday morning from 9:00 am to 12:00 noon and the Master **sailing** classes meet every afternoon from 1:00 pm to 4:00 pm. For those who wish to race, Friday is the scheduled race day. Those who choose not to race will participate in a regular program day. Away races and regional regattas are held with other clubs for qualified racers; certain races require overnight stays.

Junior Tennis classes meet Monday through Friday with the Master Beginners classes from 10:30 am to 12 noon, beginner and intermediate from 1 pm to 2:30 pm, Master Advanced Classes from 2:30 pm to 4 pm.

Fees

The 2012 fee schedule is provided below. The cost varies according to program. A minimum two week enrollment is strongly recommended.

Relatives qualify for the Member fees if living in the same household as a BHYC member.

Pre-Register early to avoid disappointment; the program is expected to again reach capacity. *For BHYC Members only, from whom a completed Pre-Registration is received by Friday, June 1, admittance is guaranteed.*

Scholarship assistance is available for these programs.

Registration Forms and Scholarship Application are

available online at www.bhyc.net. For more information call BHYC at 207.633.5750.

Email: office@bhyc.net

Sailing

	Member	Non Member
1 week	\$200.00	\$245.00
2 weeks	\$290.00	\$365.00
3 weeks	\$375.00	\$470.00
4 weeks	\$455.00	\$560.00
5 weeks	\$535.00	\$670.00
6 weeks	\$615.00	\$760.00
7 weeks	\$690.00	\$860.00
8 weeks	\$745.00	\$930.00
9 weeks	\$800.00	\$985.00

Tennis

	Member	Non-Member
1 week	\$140.00	\$180.00
2 weeks	\$205.00	\$250.00
3 weeks	\$265.00	\$320.00
4 weeks	\$320.00	\$390.00
5 weeks	\$375.00	\$460.00
6 weeks	\$430.00	\$530.00
7 weeks	\$480.00	\$600.00
8 weeks	\$530.00	\$670.00
9 weeks	\$570.00	\$705.00