



## **Boothbay Harbor Yacht Club 2010 Junior Program**

The Boothbay Harbor Yacht Club provides a summer sailing and tennis program for youth. Membership in the Yacht Club is not a requirement for participation in the program.

For the 2010 summer season, the Junior Program offers one to eight week sessions (two weeks recommended) in sailing and tennis beginning June 21st and ending August 13th. The schedules are arranged so that each program may be pursued separately, or in combination.

Age requirements:

Sailing: 8-17 yrs

Tennis: 5-17 yrs

For more information log onto [www.bhyc.net](http://www.bhyc.net)

### **Tennis Program**

The Tennis Program provides group lessons to youths from ages five to seventeen. The tennis staff consists of a USTA certified pro and two or more instructors and teaching apprentices. The emphasis is on learning sportsmanship and tennis skills in a fun environment. Participants are grouped not only by age but also by ability. Starter; ages 5 through 7. Junior Beginners; ages seven through twelve, and Masters; ages thirteen through seventeen. Masters are further divided into two groups: Master Beginners and Master Advanced, depending on ability level. Numerous intra-club matches, as well as interclub competitions with area teams, are scheduled through the summer.

### **Sailing Program**

The Boothbay Harbor Yacht Club has a staff of experienced sailing instructors and apprentices who teach youth how to sail. Each instructor is certified in Red Cross CPR, First Aid and is a

Level 1 US Sailing Certified Instructor. The Program is divided into two age groups: Beginners; ages eight through twelve, and Masters; ages thirteen through seventeen. The Beginners are taught in Optimists and the Masters are taught in club-owned 420 class one design sailboats. The sailing program emphasizes fun, sportsmanship, safety, and skill development.

Beginning sailors are taught basic sailing skills, terminology and sportsmanship. They learn to handle Optimists and crew with more advanced sailors in 420's for various sailing drills and fun intra-club racing. Sailing apprentices are actively engaged in assisting instructors. More advanced beginning sailors enhance and practice their skills learned as beginners, and have an opportunity to sail in the afternoon class with the Masters to improve upon their skills. In addition, they learn to set a spinnaker, sail with jibs, and race. The afternoon Masters program is more advanced and emphasizes racing strategies and techniques. Several interclub races are held throughout the summer. In the event of inclement weather, indoor drills are held for all levels. The BHYC sailing program is proud to have produced championship racers who have won numerous awards in regional and state competitions in all age groups.

### **Clothing**

*Each sailing program participant **must** purchase his/her own life jacket and whistle that must be worn at all times*

*Each tennis program participant **must** wear tennis shoes and have a tennis racquet.*

BHYC Junior Program Sailing and Tennis T-shirts are available for purchase. Please see Registration Form for details.

## Lunch

Lunch is to be brought from home. Beverage and dessert provided Tuesday through Friday by BHYC kitchen. Note: Galley Grub Day every Wednesday. (A set menu is available for purchase from the BHYC kitchen.)

## Scheduling

For 2010 summer season, the eight week sailing and tennis programs begin on June 21st, and end on August 13<sup>th</sup>.

The Beginner **sailing** class meets every weekday morning from 9:00 am to 12:00 noon and the Masters **sailing** class meets every afternoon from 1:00 pm to 4:00 pm. For those who wish to race, Friday is the scheduled race day. Those who choose not to race will participate in a regular program day. Away races and regional regattas are held with other clubs for qualified racers; certain races require overnight stays.

Junior **Tennis** classes meet Monday through Friday with the Master Beginners classes from 10:30 am to 12:00 noon and Junior Beginners from 1:00 pm to 2:30 pm. Master Advanced classes meet Monday through Friday from 4:30pm to 6:00pm. Starters classes meet Tuesdays, Wednesdays and Thursdays from 3:00 pm to 4:00 pm. In the event of inclement weather, make-up sessions will be offered.

## Fees

The 2010 fee schedule is provided below. The cost varies according to program. A minimum two week enrollment is strongly recommended. Registration forms can be obtained on-line at [www.bhyc.net](http://www.bhyc.net) or by writing to the Boothbay Harbor Yacht Club, P.O. Box 497, West Boothbay Harbor, ME 04575-0497 or call 207 633-5750.

NOTE: *A limited amount of scholarship assistance is available for these programs.*

## Sailing, Beginners and Masters

	Member	Non-Member
8 weeks	\$709.00	\$888.00
7 weeks	\$657.00	\$819.00
6 weeks	\$583.00	\$725.00
5 weeks	\$510.00	\$636.00
4 weeks	\$431.00	\$536.00
3 weeks	\$357.00	\$447.00
2 weeks	\$279.00	\$347.00
1 week	\$200.00	\$247.00

## Tennis, Beginners and Masters

	Member	Non-Member
8 weeks	\$515.00	\$641.00
7 weeks	\$462.00	\$578.00
6 weeks	\$410.00	\$510.00
5 weeks	\$357.00	\$447.00
4 weeks	\$305.00	\$378.00
3 weeks	\$247.00	\$305.00
2 weeks	\$195.00	\$242.00
1 week	\$142.00	\$179.00

## Starters

	Member	Non-Member
8 weeks	\$431.00	\$538.00
7 weeks	\$378.00	\$473.00
6 weeks	\$326.00	\$408.00
5 weeks	\$273.00	\$343.00
4 weeks	\$221.00	\$276.00
3 weeks	\$168.00	\$210.00
2 weeks	\$116.00	\$145.00
1 week	\$63.00	\$78.00

Relatives qualify for the Member fees if living in the same household as a BHYC member.

Pre-Register early to avoid disappointment; the program is expected to again reach capacity. *For BHYC Members only, from whom a completed Pre-Registration is received by June 1<sup>st</sup>, admittance is guaranteed.*

Email: [office@bhyc.net](mailto:office@bhyc.net)