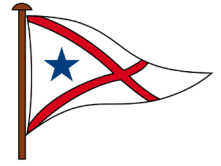


**Boothbay Harbor Yacht Club**  
**2024 Boothbay Region Sailing Team**  
**Spring Opti Clinic Registration**  
*Open to all in the Community*



Participant's name: \_\_\_\_\_ Participant's Age: \_\_\_\_\_

Participant's School: \_\_\_\_\_ Participant's Grade: \_\_\_\_\_

Previous sailing (Opti) experience?    YES    NO                      Other sailing experience?    YES    NO

Parent's name(s): \_\_\_\_\_

E-mail address(es) used to share program materials & updates:

Parent: \_\_\_\_\_ Student: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Parent's Phone #'s (may be used to provide updates on practices / inclement weather)

\_\_\_\_\_

Participant Phone # (optional): \_\_\_\_\_

Membership in the yacht club is not required and has no effect on sailor participation in the Spring Opti Clinic.

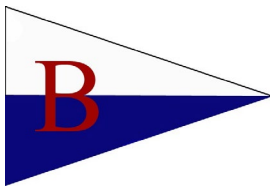
The program meets from 3:30-6:00 Mondays and Wednesdays (after school) at the Boothbay Harbor Yacht Club (156 Western Avenue, West Boothbay Harbor). All boats are provided by the yacht club. *Previous sailing experience is required; please contact Junior Program Sailing Director Chris Liberti, [chris.liberti@bhyc.net](mailto:chris.liberti@bhyc.net), with any questions.*

We do not want cost to be a barrier to participation; fees may be waived, up to the full \$300 program fee. Please submit a waiver application *at least one week prior to the first week of the clinic.*

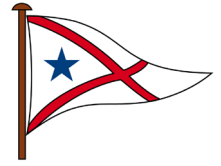
The 2023 Spring Opti Clinic will meet for five weeks, starting on or around April 29<sup>th</sup>, 2024, weather dependent, and runs through the first week of June.

Please submit completed registration form with **\$300.00** program fee to:

**Boothbay Harbor Yacht Club / Opti Sailing**  
**P.O. Box 497 – 156 Western Ave.**  
**West Boothbay Harbor, ME 04575**



# Boothbay Harbor Yacht Club 2024 Spring Opti Clinic



## Medical Form

*Please complete this form for each Participant.*

Participant's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**\*\*Date of last tetanus shot (Required): \_\_\_\_\_\*\***

PLEASE ANSWER THE FOLLOWING QUESTIONS AS COMPLETELY AS POSSIBLE:

Please check those that apply (Provide necessary details below)

<b>CHRONIC AILMENTS:</b>		<b>ALLERGIES:</b>	
Asthma or other respiratory problems		Medications	
Diabetes or hypoglycemia		Bee stings/insect bites	
Hemophilia or other bleeding problems		Foods	
Circulatory or heart problems		Other allergies, if significant	
Epilepsy			

Current Medications: \_\_\_\_\_

Details: \_\_\_\_\_

Health Insurance Carrier: \_\_\_\_\_ Policy # and Group Name: \_\_\_\_\_

Primary Care Provider: \_\_\_\_\_ Phone #: \_\_\_\_\_

### **EMERGENCY CONTACT INFORMATION \*\*Required\*\***

1<sup>st</sup> Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

2<sup>nd</sup> Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

### **EMERGENCY TREATMENT AUTHORIZATION:**

I, \_\_\_\_\_, (Parent/Guardian) authorize the staff of the Boothbay Harbor Yacht Club to obtain emergency medical treatment for \_\_\_\_\_ if in their opinion it is needed and none of the above named can be contacted at the time of the emergency.

Signature of Parent/Guardian: \_\_\_\_\_ Date \_\_\_\_\_

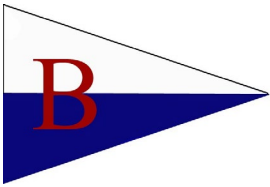
### **RELEASES:**

I do \_\_\_ / do not \_\_\_ give permission to my child to travel in a chaperoned parent volunteer vehicle to and from events sponsored and/or sanctioned by the BHYC.

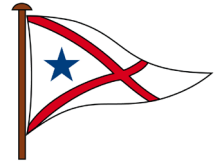
I do \_\_\_ / do not \_\_\_ authorize the inclusion of my contact information in a program roster to be shared only with parents whose children attend the Junior Program and for no other purposes.

I do \_\_\_ / do not \_\_\_ authorize the release and use of Program-related photographs of my child by BHYC and the Junior Program.

Signature of Parent/Guardian: \_\_\_\_\_ Date \_\_\_\_\_



# Boothbay Harbor Yacht Club 2024 Spring Opti Clinic



## **MINOR PARTICIPANT WAIVER, RELEASE, INDEMNIFICATION OF ALL CLAIMS, AND COVENANT NOT TO SUE:**

As lawful consideration for \_\_\_\_\_ (hereinafter the “Minor”) being permitted by Boothbay Harbor Yacht Club (the “Organization”) to participate in an Organization sanctioned, licensed, or approved activity or event (“Activity or Activities”), I, the undersigned Parent/Guardian of the Minor and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Agreement (the “Agreement”):

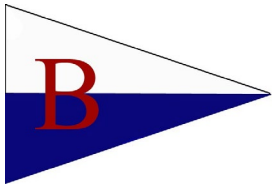
**A. RULES AND REGULATIONS:** I, in my legal capacity as Parent/Guardian of the Minor, hereby agree on behalf of myself and Minor to abide by all rules, regulations, and policies of the Organization, including any and all COVID-19 related safety measures required by the Organization.

**B. PERMISSION:** I, in my legal capacity as Parent/Guardian of Minor hereby grant permission for Minor to participate in Activities for, on behalf of, involving, relating to, or in connection with the Organization. I certify that Minor has no health related conditions that preclude Minor from participation in said Activities.

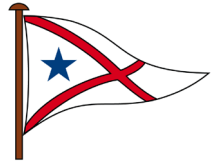
**C. ACKNOWLEDGMENT OF RISK:** I, in my legal capacity as Parent/Guardian of the Minor knowingly, willingly, and voluntarily acknowledge and agree that any use of the Organization’s facilities, services, equipment, and premises and any participation in any and all Activities associated with the Organization comes with inherent risks including but not limited to the potential for serious bodily injury (including broken bones, head or neck injuries), sickness and disease (including communicable diseases such as COVID-19), trauma, pain & suffering, drowning, permanent disability, paralysis and death; loss of or damage to personal property; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with other participants or natural or manmade objects; adverse weather conditions; facilities issues and premises conditions; failure of protective equipment; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers and competition management; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”).

**D. ASSUMPTION OF RISK:** I, in my legal capacity as Parent/Guardian of the Minor named below, understand that the aforementioned Risks may be caused in whole or in part or result directly or indirectly from the negligence of my own actions or inactions, the actions or inactions of others participating in the Activities, or the negligent acts or omissions of the Released Parties defined below, and I hereby voluntarily and knowingly, on behalf of myself and Minor, assume all such Risks and responsibility for any damages, liabilities, losses, or expenses that Minor may incur as a result of his or her participation in any Activities. I also agree to be responsible for any injury or damage caused by me or any agents under my direction and control at any Activity or event.

**E. RELEASE AND INDEMNITY AND COVENANT NOT TO SUE:** I, in my legal capacity as Parent/Guardian of Minor, do hereby knowingly and voluntarily, absolutely and unconditionally, release and forever discharge, **and covenant not to sue** the Boothbay Harbor Yacht Club, its licensees, competition managers, promoters, sponsors, advertisers, beneficiaries, venue providers, and supporting organizations, together with the officers, directors, employees, volunteers, and contractors of them (the “Released Parties” or “Event Organizers”) from any and all liabilities, claim(s), demand(s), cause(s) of action, damage(s), loss, or expense (including court costs and reasonable attorney fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to Minor’s participation in any event or Activity sponsored or in any way related to the Organization, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties or Event Organizers, whether on the Organization’s premises or elsewhere, including transportation to and from Activities, events, and venues. Further, I agree to indemnify, defend, and hold harmless the Released Parties and Event Organizers against and from any and all Liability imposed on, incurred by, or asserted against any Released Party or Event Organizer resulting from, arising out of, in connection with, or relating to any injury, damage, or Risk as identified in this Agreement.



# Boothbay Harbor Yacht Club 2024 Spring Opti Clinic



**COMPLETE AGREEMENT AND SEVERABILITY CLAUSE:** This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

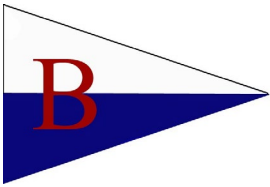
**I HAVE CAREFULLY READ THIS DOCUMENT IN ITS ENTIRETY, UNDERSTAND ALL OF ITS TERMS AND CONDITIONS, AND KNOW IT CONTAINS AN ASSUMPTION OF RISK, RELEASE, WAIVER FROM LIABILITY, AND INDEMNIFICATION.**

By signing below, I (as the Parent/Legal Guardian) hereby accept and agree to the terms and conditions of this Agreement in connection with the minor's participation in any Event.

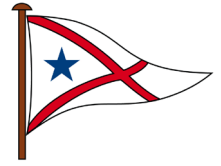
Minor Name (Print Clearly): \_\_\_\_\_

Parent/Legal Guardian Signature: \_\_\_\_\_

Parent/Legal Guardian Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_



# Boothbay Harbor Yacht Club 2024 Spring Opti Clinic



## BHYC Junior Program Code of Conduct

One of the BHYC Junior Program's goals is to provide the region's youth an opportunity to develop superior life skills through team play, sportsmanship, and hard work. An emphasis on fair play and respect for all participants is a primary element of our club's mission. In our current conditions we also must ensure understanding and compliance of the rules needed to stay safe. To better achieve that mission, we provide the following Codes of Conduct for all BHYC sailors, tennis players, parents, and staff, paid or unpaid.

These Codes of Conduct are a promise made between BHYC Junior Programs participants, parents/volunteers, and staff to abide by the rules and regulations of the sport, as well as to maintain a cooperative attitude and uphold the ideals of fair play and sportsmanship.

The Codes of Conduct can be summarized in the following three principles: (1) demonstrating a positive attitude; (2) setting a good example; (3) respecting and following rules and procedures to remain safe; and (4) maintaining good relationships with all participants - including officials, opponents, and our own participants, parents, and staff.

### 1. DEMONSTRATING A POSITIVE ATTITUDE:

Participants, parents and staff are expected to show a positive, respectful attitude for everyone involved in the sport and program. Negative, non-constructive criticism or disrespect for fellow participants, officials, staff, or hosts undermine the purpose of the sport and encourage behavior contrary to the Corinthian spirit. Participants and staff are required to maintain a sense of fair play and be respectful of opposing players at all times. Sportsmanship begins with respect and honesty.

### 2. SETTING A GOOD EXAMPLE:

Each person associated with BHYC Junior Program is accountable for his/her own behavior at all times on or off property. Parents, staff and other adults are expected to behave in an exemplary fashion and remember that children learn by example.

### 3. RESPECTING AND FOLLOWING RULES AND PROCEDURES:

Each participant, family, and staff member must be aware of and follow the rules and guidelines needed to operate safely. Participants must follow the direction of all staff. If participants feel they have been treated unfairly or that rules or procedures should be reconsidered, they should speak to Chris or Chantelle.

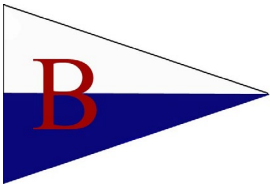
### 4. MAINTAINING GOOD RELATIONSHIPS:

All staff, participants and other families are human and they do make mistakes. Parents or participants who believe they have been treated unfairly should speak to their Program Director (Chantelle or Chris) after the day's conclusion.

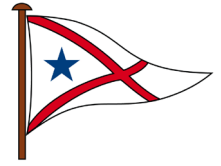
## Participant Code of Conduct

As a BHYC Junior Program participant:

- I will be a good sportsman/woman.
- I will strive to listen and learn from my coaches, opponents and teammates.
- I will be responsible at all times for the transportation, safe storage, maintenance, and setup of my equipment.
- I will not use alcohol, tobacco, or non-prescribed drugs, understanding that a drug-free environment is necessary in order to achieve individual and team success and eligibility.
- I will maintain appropriate behavior towards opposite participants.
- I will respect the property of others, by not stealing, damaging, destroying or borrowing another's property without permission.



# Boothbay Harbor Yacht Club 2024 Spring Opti Clinic



- I will treat all participants, staff members, families, club members, and all others with respect, regardless of race, religion, gender, national origin or abilities.
- I will follow all safety procedures given by staff and other responsible adults, understanding the paramount importance of safety. I will notify a staff member or other responsible adult if I feel that myself or another participant is in danger.
- I will not abuse other participants, whether verbally, physically, or emotionally, nor tolerate such conduct in others, understanding that every participant has a right to enjoy their participation.

## Parent and Volunteer Code of Conduct

As the parent or guardian of a BHYC Junior Program participant I agree to be governed by the Participant's Code of Conduct. Each parent or volunteer also agrees to maintain a positive attitude and to be responsible for his or her conduct as well as the conduct of his or her child at all times following this code of conduct and any other rules given by staff.

## Violations of the Code of Conduct

In the event of minor non-compliance:

1. First offense is a warning, this will be communicated to parents at the close of class
2. Second offense the participant may be sent home for the day, and a meeting scheduled with the parents and program director
3. Third offense the participant may be sent home for the session
4. Fourth offense the participant may be sent home for the remainder of the season

In the event of willful non-compliance, such as repeatedly ignoring an instructor's direction:

1. First offense is a warning - parent will be notified at the end of the class
2. Second offense - the participant may be sent home for the session, and a meeting may be scheduled with the parents and program director
3. Third offense the participant may be sent home for the remainder of the season

In events of extreme non-compliance that pose a safety hazard to program participants and staff, there may be no warning and students will be asked to not return for the remainder of the season.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant Printed Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Printed Name: \_\_\_\_\_

Additional Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Additional Parent/Guardian Printed Name: \_\_\_\_\_